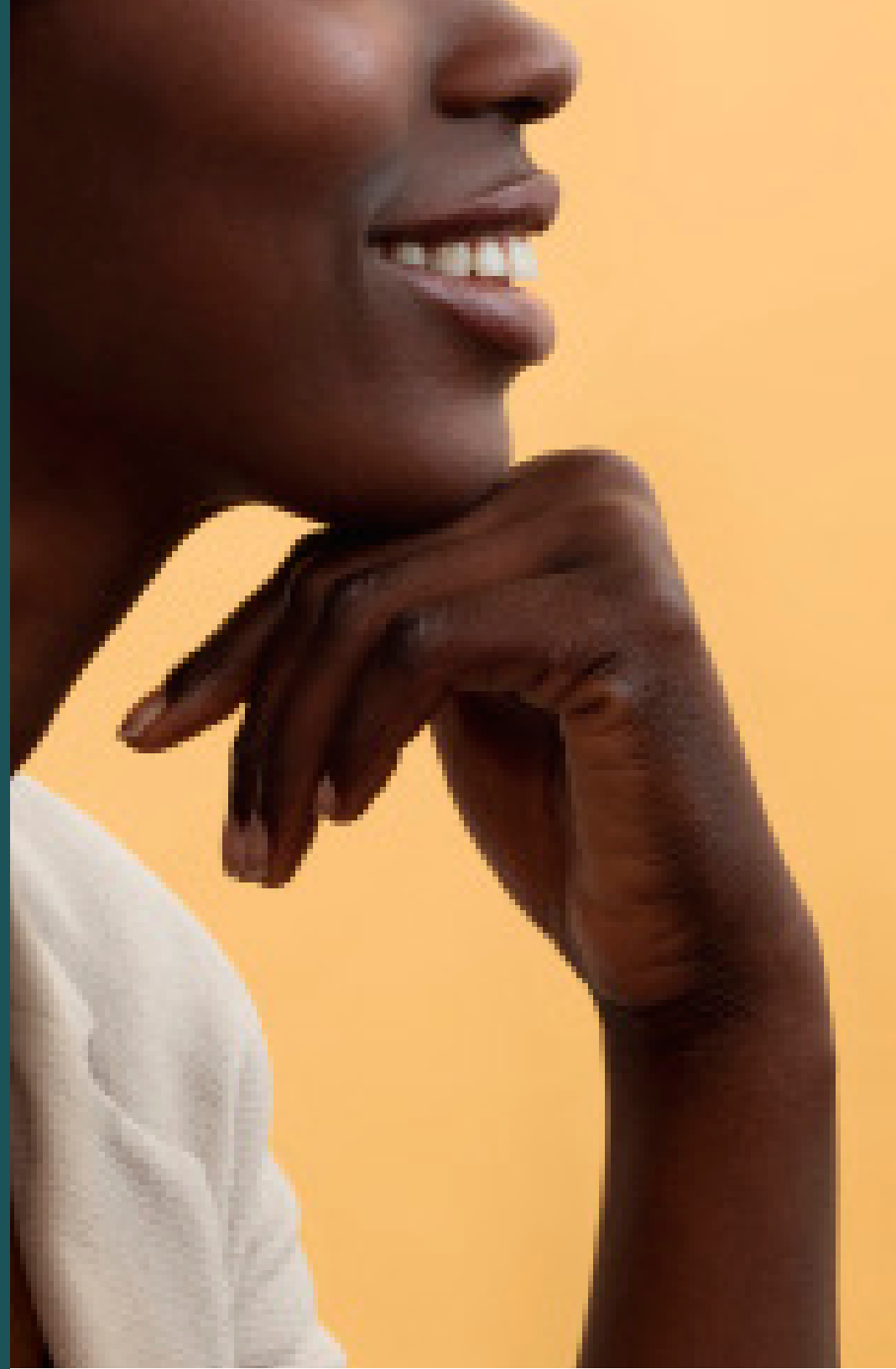


⋈ one medical

Better healthcare starts here

Get primary care designed for real life with a sponsored membership courtesy of your employer.





It's all about you

One Medical is a membership-based primary care practice — and the first place to go for everything about your health. No matter what the issue, big or small, just start here and we'll take care of the rest. Expect the highest quality care and an approach focused on getting to know you as a patient and a person. Because the better we know you, the better we can care for you.

A better healthcare experience



Available on your terms

Our patient experience is built around providing time and space for meaningful conversation. It's why we offer longer appointments, 24/7 access, a friendly team, and comfortable offices.



Focused on listening

Your lifestyle, your goals, your health history — all of it matters. We take the time to listen so we can offer more personalized and insightful care.



Assisted by technology

We have a different perspective on primary care. So we designed technology — including our mobile app — to support this unique relationship between you and your provider, creating a seamless experience that saves time and leads to better outcomes.





Built for comfort and convenience



Feels like home, not healthcare

We want going to the doctor to be enjoyable, so our offices are built to make you feel right at home.



Here for you

With same-day and next-day appointments, and 24/7 virtual visits, we're there when you need us.



Get care on the go

Use the mobile app to connect to a provider, send and receive secure messages, book appointments, and renew prescriptions.

How to use One Medical

Just start here

We believe that having a go-to resource is essential for better health. Whether you need treatment for an injury or simply want some information, you can always start with us. No worries about who to call. No stress about getting in.



One place to go

In addition to general medicine, we have experts in sports medicine, women's health, and more. We even have convenient on-site lab services, so you don't have to visit a separate location for tests and vaccines.

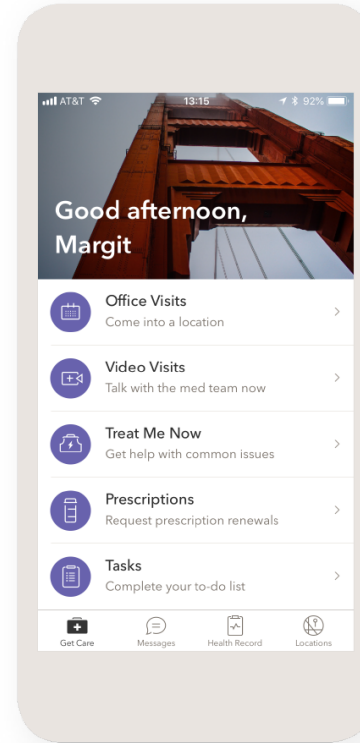
Need to see a specialist?

If you need more, we'll make sure you get the best. We'll handle all referrals and stay involved throughout the process, so you can focus on getting well. Because we're independent and primary care is all we do, referrals are based solely on what's best for you.



A primary care team that really cares

Our providers are not only highly skilled and dedicated, they also see primary care as a calling. That's why their focus is on connecting with you as a person — because they know the best care comes from really listening to your patients.



The doctor is always in

No matter where you travel, you can always consult with a provider 24/7 through our mobile app. You choose how to connect: video, phone, or message.

Making the most of your membership

Annual wellness visits

Come in once a year to discuss your health goals and wellness issues like sleep, nutrition, physical activity, and emotional well-being. Most insurance plans fully cover a “well visit” or physical exam once every 365 days.

Get care when you travel

On the road? Book an appointment at any One Medical office in the country. Or use the app for virtual appointments from anywhere you travel.

Visit our on-site labs

Need lab work, a flu shot, or another vaccine? We have on-site lab services at every office, and you're welcome to bring lab orders from other providers.

Insurance and billing

We know navigating healthcare can be complicated, so we have a dedicated team of professionals to help you understand your insurance plan. If you ever have any questions, simply email admin@onemedical.com.

What it costs

The membership fee is paid for by your employer.

We work with your insurance just like a typical doctor's office would. That means we bill your insurance for each office visit and you cover your copayment, coinsurance, and deductible.

Deductibles can have a wide range, so check your plan to understand the amount you're responsible for.

If lab tests were ordered by your provider, you may receive a separate bill for those fees from our partners at Quest or LabCorp.

Visit an office near you

Check out all our locations at onemedical.com.

San Francisco

Greenbrae

Emeryville

Chicago

Burlingame

Palo Alto

Los Angeles

Boston

Berkeley

San Jose

San Diego

New York

Sunnyvale

Oakland

Seattle

Brooklyn

Redwood City

San Rafael

Phoenix

Washington, DC



When you're on the go or can't visit us in person,
you can always connect with a provider through our app.

For additional information,
contact us at hello@onemedical.com

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