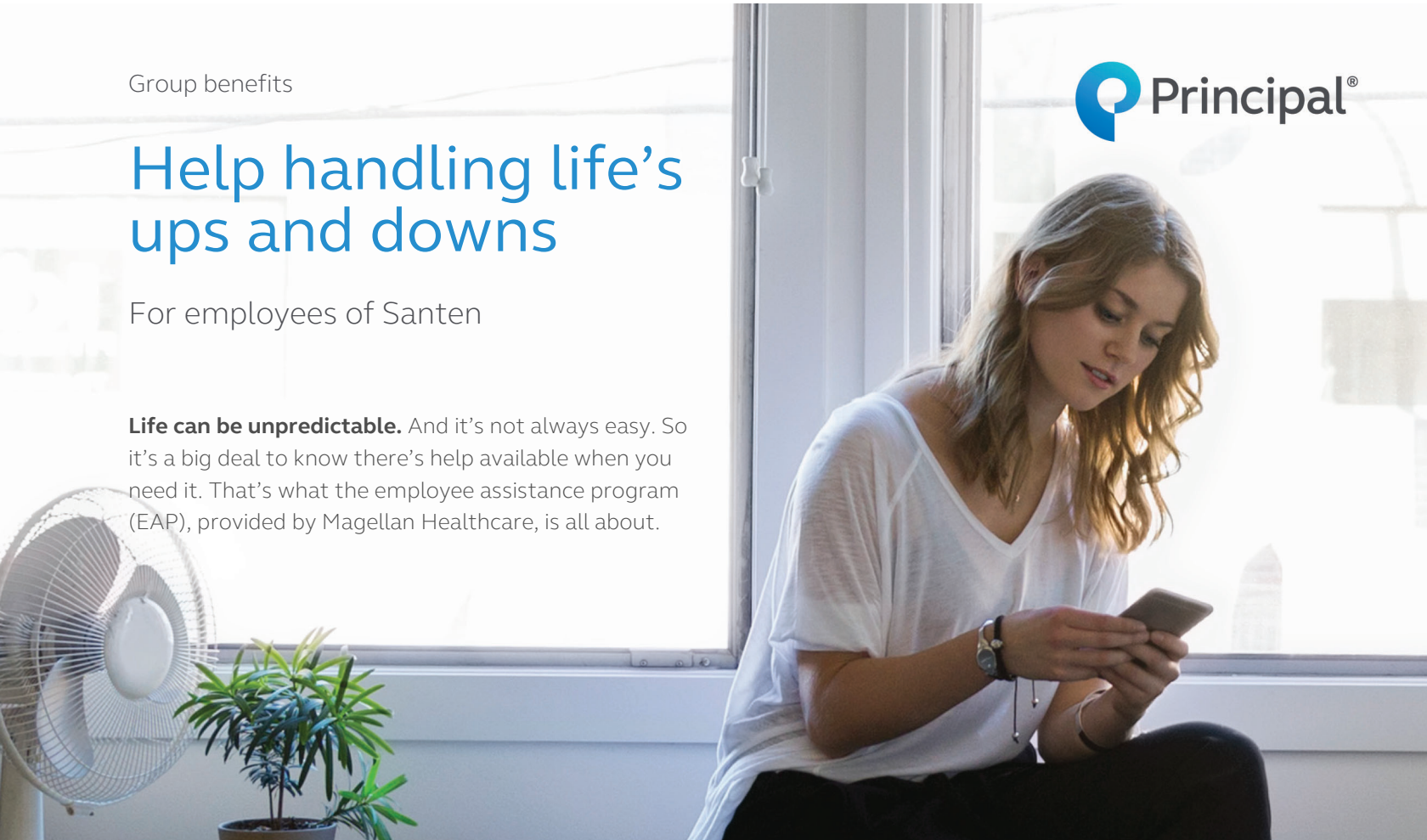


Help handling life's ups and downs

For employees of Santen

Life can be unpredictable. And it's not always easy. So it's a big deal to know there's help available when you need it. That's what the employee assistance program (EAP), provided by Magellan Healthcare, is all about.



In-person or virtual counseling

One valuable way to work through personal or work issues is by talking with a professional. You and your family can meet with a licensed, EAP professional in person, via text message, or by live chat, video, or phone sessions for up to 3 counseling sessions per problem per year.

Legal, financial, and identity theft services

You and your family have access to these services:

Legal services. Receive a free 60-minute consultation to help deal with issues such as car accidents or family law.

Financial wellness. Receive three free 30-minute consultations. This may include help with budget planning, debt consolidation, or retirement planning.

Identity theft resources. Receive a free 60-minute consultation to help restore your identity if stolen.

Lifestyle coaching

You and eligible family members can get help meeting goals with the support of a coach, available by phone or video, up to 6 sessions per year. Coaches can help with personal improvement, healthy eating, weight loss, and more.

Help when and where you need it—day or night

Life's challenges don't always happen during regular business hours. That's why you and your family have 24/7 access to your EAP.

800-356-7089

International: 800-662-4504 | TTY for hearing impaired: 711

Member.MagellanHealthcare.com When you create an account, enter your organization's name as the program name.

Work-life web services

You and your family can access webinars, live talks, and articles on topics such as child and elder care, education, parenting, and more.

Work-life services

No matter what stage of life you're in, you can get practical, time-saving solutions for everyday issues, including prenatal care, childcare, summer camps, education resources, retirement planning, senior care, special needs services, and more. Referrals are customized to meet your specific need. All resources are researched and prequalified.



[principal.com](https://www.principal.com)

Insurance products issued by Principal Life Insurance Company®, a member of the Principal Financial Group®, Des Moines, IA 50392.

Principal® has arranged with Magellan Healthcare to make its employee assistance program (EAP) available to employees with select group coverage insured by Principal Life Insurance Company. EAP isn't part of the insurance contract or policy and may be changed or canceled at any time. Not all services available to group policies issued in New York. Magellan is responsible for all EAP services provided through this program. EAP services in California are provided through Magellan Health Services of California, Inc. — Employer Services. Magellan isn't a member of the Principal Financial Group®.